

KINKY KOACH LLC

The Lifestyle Guide



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A LIFESYLE Dictionary

You guys are looking through profiles and you come across a profile that says “We’re HWP looking for HWP couples or Unicorns open to Full Swap and definitely Soft Swap Same Room. WHAT?! What does all that mean, Acronym after acronym...huh?

420 - Refers to marijuana use.

AC/DC - Person who enjoys both same sex and opposite sex sexual activity (see BI; BISEXUAL).

ADULT - Euphemism for pornographic.

AFF -Refers to the website Adult Friend Finder

ALL CULTURES - Person or couple who enjoys all fetishes and sexual activities (see CULTURE).

AMERICAN CULTURE - Man on top, the missionary position.

ANAL SEX - Anal intercourse (see GREEK; GREEK CULTURE).

ANALINGUS - Oral contact or stimulation of the anus of one partner by kissing, licking, or sucking of the other.

ANIMAL TRAINING / ANIMALS - Sexual activity with animals, usually dogs and women (see BEASTIALITY)

ARTS - Euphemism for fetishes (see CULTURE).

B&D or B/D -Bondage and discipline; use of various methods to restrain someone while administering discipline, usually done by a "master" to his/her "slave" (see BONDAGE; DISCIPLINE; BDSM).

BBC - Big Black Cock.

BBW - Big Beautiful Woman; Referring to women that may not be their “ideal” weight, but are comfortable with the size that they are.

BDSM - A combination of three terms: BD (Bondage & Discipline), DS (Dominance & Submission), and SM (Sadism & Masochism). A wide range of sexual activities having to do with power.

BEASTIALITY - (see ANIMAL TRAINING).

BI - Bisexual: Versatile (see AC/DC).

BI-COMFORTABLE - A Male or Female who is open to bi-sexual activities within swinging, but does not consider themselves bi-sexual or attracted to the same sex. (see also HETERO-FLEXIBLE and SOCIALLY BI).

BI-CURIOUS - A Male or Female who has some level of interest in trying same-sex activities.

BIZARRE - Unusual sexual desires.

BONDAGE - A sexual fetish in which restraints such as ropes, chains, cloth or leather straps are used to bind, tie or hold a participating sexual partner. The person doing the binding is considered "dominant" while the person being bound is considered "submissive."

BUKKAKE - a Japanese sexual term that refers to showering a receiver with sperm from one, several or many men. It is always a sperm shower and, therefore, those on the giving end are always male.

BYOB - Used to indicate that visitors must supply their own alcohol, common practice at clubs where local ordinances may prevent the sale of alcohol. However, they will usually provide "mixers" (i.e. sodas, juices, ice) (See also MIXERS PROVIDED).

CAN ENTERTAIN / CAN HOST – Swinger willing to invite others to their home for swinging.

CAN TRAVEL /WILL TRAVEL- Swinger willing to travel to your home to swing.

CANING - A spanking fetish employing a light cane usually bamboo or other light wood.

CHEATING - Sexual activity with others without spouse's knowledge and/or consent.

CLEAN - Hygienic; free of sexually transmitted diseases.

CLOSED DOOR - (see CLOSED SWINGING).

CLOSED SWINGING - Sexual interaction among couples using separate rooms, usually in the same house. Provides a maximum of privacy.

CLOSET SWINGER - A person who hides the fact that he/she is a swinger (see DISCREET).

COUGAR - Name for an older woman who is seen to be aggressive in pursuing younger men.

COUPLE - In swinging, a man and a woman. May be married, living together (cohabitating), committed (on-going relationship) or a single couple dating for swinging purposes.

CPL - (see COUPLE).

CUCKOLD - While the originally meaning is the husband of a wife who cheats, it has come to mean (more often than not) a husband whose wife plays without him and comes home to tell him about it. It can also mean a husband who watches his wife play with others, or is forced to watch. This can also be reversed on the wife. Since different people use the word to mean different things, it is best to ask the people using the word in order to clarify the definition.

CULTURE - Euphemism for Fetish or Arts.

CUNNILINGUS - Stimulation of the vagina and clitoris by the mouth especially the tongue and lips, and sometimes the teeth (see FRENCH CULTURE)

D/D FREE - Drug/Disease Free, meaning that a couple/person is STD free and does not use drugs.

DILDO - An artificial penis usually made of rubber, glass, or plastic, for sexual stimulation of the vagina and sometimes the anus.

HALL PASS - 1. A permission given to one married partner by the other to independently find and engage in sexual play. 2. A permission to play away from home without the presence of the other married partner.

DIRECTOR - The term used to describe the principal person who runs or otherwise operates a swing club, generally the owner. A person who works for the director and is responsible for party or club operation whether or not for pay, is generally called a Manager.

DISCIPLINE - A sexual fetish in which one partner dominates the other, a willing participant. Often includes physical punishment of the submissive partner, ranges from physical restraint to mild spankings to painful beatings.

DISCREET OR DISCRETION - Asking those who write or call to exercise caution so that children or others who may open mail or answer phone will not be offended and/or made aware of the swinging activity.

DOCILE - Willing to receive bondage and/or discipline (see SUBMISSIVE).

DOGGING - Dogging is a British euphemism for engaging in sexual acts in a semi-public place (typically a secluded car park or a movie theater) or watching others doing so. Frequently, there are more than two participants; group sex and sometimes even gang bangs can occur. Observation is encouraged, thus voyeurism and exhibitionism are closely associated with dogging. The two sets of people involved often meet either randomly or (increasingly) arrange to meet-up beforehand over the internet.

DOMESTIC TRAINING - Submissive obedience to household chores of an intimate and humiliating nature.

DOUBLE PENETRATION - Being penetrated in two orifices at the same time (usually refers to anal and vaginal, may also include oral).

DP - Double Penetration.

DOMINANT - A sexual partner in control of a willing submissive partner.

ENGLISH CULTURE - Sexual stimulation from spanking or caning.

ENTERTAIN - (see CAN ENTERTAIN).

EUROPEAN STYLE CLUB - One that requires clothing to be removed (sometimes after a certain time of night).

EXHIBITIONIST - Behavior in which an individual experiences sexual arousal or pleasure from displaying his/her body. Enjoys being watched.

F – Female.

FELLATIO - Sexual stimulation of the penis by the mouth, especially by the tongue and lips and sometimes teeth.

FETISH - Sexual arousal and pleasure through use of non-sexual objects, actions or non-genital anatomy.

FFM or FMF - Threesome involving two women and one man (see THREESOME). FFM sometimes refers to a threesome that is female-centric, where the women play more with each other.

FLAGELLATION - Sexual stimulation derived from pain, usually whipping or spanking.

FRENCH CULTURE - Oral-genital sexual activity (see FELLATIO; CUNNILINGUS).

FRIENDS FIRST - Interested in developing some level of friendship prior to sexual play (see INTERESTED IN FRIENDSHIP).

FULL SWAP - Two couples exchanging partners for all sexual activities including intercourse.

FUN AND GAMES - Euphemism for sexual activity.

GAY - A homosexual person, male or female. A gay female may also be called a Lesbian.

GBM - Gay Black Male.

GENEROUS - Refers to money for sex.

GIRL-GIRL - The girls will play while the guys watch.

GOLDEN SHOWER - Refers to urine play (see WATERSPORTS).

GREEK CULTURE - Anal-penile intercourse.

GROUP ROOM - Room set aside for group sex, generally furnished with wall-to-wall mattresses or pads.

GROUP SEX - Swinging; Sexual activity between three or more people.

GWM - Gay White Male.

HARD CORE - A swing party or swing engagement where sexual interaction is assumed and expected.

HARD SWINGING - (see HARD CORE).

HEAD - Oral-genital sexual activity; "Giving head" (see FRENCH CULTURE; FELLATIO; CUNNILINGUS).

HEDONIST - Someone who lives for pleasure; used by some as euphemism for a swinger.

HETERO-FLEXIBLE - (see BI-COMFORTABLE).

HETEROSEXUAL - Sexual attraction to members of the opposite sex.

HOMOSEXUAL - Sexual attraction to members of the same sex (see GAY).

HORNY - Sexually tense; in need of sexual pleasure.

HUNG - Refers to a man with a large penis.

HWP - Height-Weight Proportionate; someone who is at their ideal body weight.

INTERESTED IN FRIENDSHIP - Seeks a swinging relationship that includes emotional and recreational values (see FRIENDS FIRST).

IR – Interracial.

IRL - In Real Life; used in ads or online chat.

ISO - In Search Of; used in ads, example: MWC ISO Single Female.

LEATHER - A fetish; sexual stimulation through the wearing or touching of leather or leather garments.

LESBIAN - A woman sexually and emotionally attracted to other women (see GAY; HOMOSEXUAL).

LTR - Long Term Relationship.

M – Male.

MARITAL AIDS - Dildos, vibrators, and other devices used for sexual pleasure of self and others.

MASOCHISM - Sexual gratification through receiving pain and humiliation from others.

MASTER/SLAVE - Participants in a bondage and discipline sexual relationship (see B&D; BONDAGE; DISCIPLINE; BDSM).

MATROOM /MATTRESS ROOM - (see GROUP ROOM).

MBC - Married Black Couple.

MBiC - Married Bisexual Couple.

MEET & GREET (M&G) - A swinger event, usually held in a public place, for the purpose of meeting other swingers.

MEET FOR PLEASURE - Will meet for swinging sex; no pretense for social or emotional interaction not directly related to sexual activity.

MENAGE A TROIS - Three people, two of one sex, one of the opposite sexes in a swinging interaction (see THREESOME, TRIAD).

MFM or MMF - Threesome involving two men and one woman (see THREESOME). MFM may but not always refers to two straight males and a female, while MMF refers to two bi-males and a female.

MILF - "Mom I'd Like to Fuck" - used to refer to older women that are attractive.

MIXERS PROVIDED - Used to indicate that the club/party will provide mixers (juice, sodas, ice) for those in attendance but you will need to bring your own alcohol (see BYOB).

MORESOMES - More than three people in a swinging interaction (see GROUP SEX).

MWC - Married White Couple.

NASCA - The North American Swing Club Association. An association of swing clubs and magazines to promote swinging as the viable and beneficial lifestyle it has become.

NEWBIES - New people in swinging; First-timers.

NSA - No Strings Attached. Sex without any expectations beyond that encounter.

OFF-PREMISE - No swinging takes place at the club or party; you meet and make your own arrangements. Great for newcomers.

ON-PREMISE - A club where sexual play is allowed. Private and Public rooms are usually provided for play.

OPEN DOOR - (see OPEN SWINGING).

OPEN RELATIONSHIP - A relationship in which participants are free to take other partners; may or may not be a polyamorous couple; may or may not be a swinging couple. If the couple is married they may describe themselves as having an open marriage.

OPEN SWINGING - A couple swinging with another couple in the same room; several or all participating couples together in the same room. A minimum of privacy.

ORGY

Sexual interaction among several men and women in the same room; Complete absence of inhibition in everyone taking part; group sex.

PARTY - Gathering of three or more people of both sexes for swinging.

PARTY CLOTHES - Clothing particularly adapted for swing party wear, Includes wear to the party and wear to change into during the party. The latter includes robes, lingerie, terry cloth wrap-around and other simple wear that is easily removed, shows the wearer to best advantage and often makes selected parts of the body easily available for erotic courting and play.

PARTY HOUSE - A non-membership swing club offering a regular schedule of on-premise swing parties.

PASSIVE - Quiet, submissive non-contributor, willing to receive corrective training. Docile and submissive in swinging (see DISCIPLINE).

PASSIVELY BI - A male or female that will accept same sex touch/ attention but will not return it (i.e. you can go down on me, but I don't go down on you).

PHOTOGRAPHY - Interested in exchange and/or making of nude or sexually explicit photographs, color slides or movies with similar photographs, slides or movies of others; interested in meeting with others for the making of these photographs.

PLAYDAR - That internal feeling you get that another couple may also be swingers (think radar for swingers).

POLYAMORY - A love relationship involving more than two people.

P/P - Photo and phone number (used in personal ads).

PRO - Professional; i.e. prostitutes or paid escorts.

RECREATIONAL SWINGER - A person who practices swinging primary as a recreational diversion; not interested in forming any long-term friendship or emotional attachment.

RESTRAINT - Mild bondage used in sexual fantasy enactments.

ROMAN - Group sex, orgies, the party scene, etc. (see ROMAN CULTURE).

ROMAN CULTURE - Sexual orgies.

RUBBER - Condom means of contraception; sexual stimulation through the look, feel and smell of rubber, usually associated with B&D.

SAFE - Used to describe a person who cannot conceive or impregnate; a man who has had a vasectomy; naturally or surgically sterile.

SAME ROOM - Refers to playing together in the same room. May include soft swinging or full-swap.

SAME ROOM SWAP - Refers to swapping partners in the same room. As opposed to SEPARATE ROOM.

SBF - Single Black Female.

SBiF - Single Bisexual Female.

SBM - Single Black Male.

SEPARATE ROOM - Couples will split up and go into separate rooms to swap partners.

SGL - Single (see SINGLE).

S&M or S/M - Sadism and Masochism (see SADISM; MASOCHISM; BDSM).

SCAT - refers to the sexual use or excitement by excrement/fecal matter.

SDC - refers to the website Swingers Date Club.

SINGLE - A swinger without a partner does not refer to marital status.

SLS - refers to SwingLifestyle.com, one of the more popular swinger ad sites.

SOCIAL - A party, dance or other gathering usually sponsored by a swing club or magazine, for swingers to meet and socialize. There is no swinging at a social, but privately arranged swinging may follow a social.

SOCIAL SWING CLUB - A swing club, generally private membership that offers social and swinging activities including a regular schedule of on-premise swing parties. They may also offer educational and travel activities. Usually there is a membership fee and either party fees, party donations or a regular maintenance fee or dues. Party attendance may be restricted to couples though the marital status of the couple is rarely important.

SOCIALLY BI - (see BI-COMFORTABLE).

SODOMY - Non-coital, especially anal or oral, copulation with either an opposite sex or same sex partner.

SOFT SWINGERS - Couples who only have intercourse with their own partner. No swapping for intercourse.

SOFT SWAP - Two couples exchanging partners for certain types of sexual activity (defined by the couples involved); if intercourse takes place it is only between primary partners (see **FULL SWAP**).

SOFT SWINGING - The term used to describe same-room sex, watching/being watched, or any sexual encounter up to, but not including intercourse, with someone other than your spouse. The first experience for many couples some type of soft-swinging. (see **HARD SWINGING**, **HARD CORE**).

SRS - Same Room Sex (see **SOFT SWINGING**).

STD - Sexually Transmitted Disease. A term developed in the late 1970's to replace VD as the latter carried social and moral implications in the minds of many. These social and moral implications interfered with the legitimate treatment of sexually transmitted diseases as a medical problem.

STI – (see **STD**).

STR or **STR8** - straight (see **STRAIGHT**).

STRAIGHT - Any person who is not interested in engaging in homosexual activity or a person who does not use drugs; also used by swingers to denote non-swinging people.

SUBMISSIVE - Passive, wishes to be dominated (see **PASSIVE**).

SWAP PICS - Interested in exchange of nude or sexually explicit photos of self with similar photos of others.

SWAPPING - Two couples exchanging partners for sexual activity (see **SOFT SWAP**; **FULL SWAP**).

SWEDISH CULTURE - Use of the hands especially in massage to sexually stimulate another.

SWF - Single White Female.

SWM - Single White Male.

SWING MAGAZINE – How swingers connected pre-internet. A periodical catering to the swinging community. Usually carries personal ads of people wishing to meet others for swinging purposes. May also publish articles of general interest to the swinging community.

SWINGING - An alternative lifestyle for consenting adults who enjoy social, recreational sexual activities with others, most often on a couple-to-couple basis, with full knowledge and mutual consent of both partners; single men and women are sometimes involved.

SWINGING LIFESTYLE - Style of living with swinging a major component in recreation, choice of friends, business and social life, and intimate relationships.

SWINGING MARRIAGE - Marriage incorporating swinging and often, humanistic ideals.

SWM - Single White Male.

SZC - refers to the website Swingers Zone Central.

THREESOME - Three people, two of one sex and one of the other in a swinging encounter (see MENAGE A TROIS).

TICKET - A person, usually a woman, brought to a swing party solely to enable the male to gain entrance. The ticket generally has no intention to swing or is not free to swing.

TOYS - Sexual aids (see MARITAL AIDS).

TRANSGENDERED - Individual who does not identify with his/her biologically assigned sex. Not related to sexual orientation.

TRANSSEXUAL - Individual who has undergone conversion from one gender to another through surgery and hormone treatments; or one who is in the process of gender conversion.

TRANSVESTITE - A person who receives sexual gratification by wearing clothes identified with the opposite sex; not necessarily homosexual.

TRAVEL - (see CAN TRAVEL).

TRIAD - Three people, two of one sex and one of the other in a continuing relationship of emotional and sexual involvement. Not the same as a threesome.

TRIOLISM - Used in personal ads to indicate desire for sexual threesomes but is not the same as TRIAD.

TUBAL LIGATION - Surgical procedure of cutting and tying the Fallopian tubes to make a woman infertile. Also called a Band Aid Operation in reference to the small incision made just below the navel to enable the cutting and ligation.

UNICORN - a single female, bisexual or straight, who is willing to have sex with a couple, To some, that seems mythical. Hence, the name/title.

UTOPIAN SWINGER - A person who practices swinging as a total lifestyle with humanistic ideals.

VANILLA - Typically refers to non-swingers (i.e. "vanilla friends").

VASECTOMY - Surgical procedure of cutting and tying the vas deferens to artificially sterilize a male.

VERSATILE - Bisexual (see AC/DC).

VIBRATOR - Electrically run vibrating device for stimulation of the vagina by insertion or holding to outer lips, clitoris, breasts and the male penis. Some vibrators are penile shaped and are run by batteries while more expensive ones are for surface use and are run by an AC motor from a typical wall outlet. Vibrators are used by both men and women for self-stimulation and to sexually please another.

VOLUPTUOUS - Fullness of beauty and form; usually used to refer to a woman with large well-formed breasts; may also refer to full but well-formed hips.

VOYEUR - A person who enjoys watching others in sexual acts.

VOYEURISM - Sexual gratification by watching or peeping at others engaged in sexual activity.

WATERSPORTS - Typically refers to urine play (see **GOLDEN SHOWER**).

WAY-OUTS/ WEIRDOS - Those people interested in activities usually considered by the majority to be bizarre, kinky, unusual, or unconventional.

Commonly Used Terms

BBW (big beautiful woman) a woman who is attractive even though she may not be her ideal body weight.

Bi-curious someone who is interested in trying out same sex activities

BDSM (bondage dominance sadomasochism) normally known as being tied up and dominated in some fashion whether with chains, leather or whips

Bi-situational can become bisexual in certain environments but does not actively seek same sex relations

Bull describes a single male, normally one that is more dominant over the male part of the relationship

Cuckold describes a man who enjoys watching his female partner be sexual or have sex with others

Cut circumcised

D&D Free drug and disease free.

F&G (fun and games) Any and all sexual activity

FFM – (Female, Female, Male) comprising of 2 females and 1 male having sex. It suggests that there may be centered attention on the Female in the middle.

FMF (female, male, female) comprising of 2 females and 1 male having sex. It suggests that there may centered attention on the male in the middle.

FWB (friends with benefits) Friends you are sexual with and are friends as well

HWP (height weight proportionate) Meaning your body height and weight are evenly placed

Ken & Barbie meaning you claim to be aesthetically pleasing and above par

MILF (mother I'd like to fuck) A mother you would have sex with

MMF (male, male, female) comprising of 2 males and 1 female having sex. It suggests that there may centered attention on the male in the middle

MFMF (male, female, male, female) Two couples having sex consisting of male and female. Normally known as a full swap

Not Ken & Barbie meaning you do not claim to be aesthetically pleasing and above par, but your definitely attractive.

Same Room when you or others prefer to be sexual in the same room as their partner

Swapping when two couples have an exchange of partners for sex.

Unicorn a single female often bi-sexual who wants to engage in sexual activity with couples

Vanilla people who are not swingers

Voyeur someone who enjoys watching other people engaging in sexual acts.

